

# McKendree Youth Ministries Dress Code

**“Therefore let us stop passing judgment on one another. Instead, make up your mind not to put any stumbling block or obstacle in the way of a brother or sister.” (Romans 14:13)**

**The Bible is pretty clear that we are to live holy lives. One of the components of such a life is modesty, especially modesty in terms of appearance and dress. The dress code that we are establishing as a youth ministry is to help encourage modesty on the behalf of all our youth and adults, and to help make sure that our physical appearances do not become stumbling blocks for our brothers and sisters in Christ.**

## Girls

- No soffee shorts (for sleeping only)
- Shorts must be as long as your fingertips with arms hanging relaxed at your side.
- Shirt and pants/shorts must meet. No stomach showing.
- No spaghetti straps
- Tank top straps must be at least three adult fingers wide.
- One piece or modest tankini (top and bottom must meet). No high cut sides or low cut front and must have a closed back.
- Cover up or clothing must be worn over your swim suit going to and from lake/pool, etc.
- No sheer coverups.
- No words across your bottom on any clothing
- No inappropriate words on any clothing

## Boys

- Board short or trunk style swimsuits only securily fastened with no underwear showing
- Unless at the pool/lake etc. shirt must be worn. Must wear shirt to and from lake/pool etc.
- No underwear showing
- No inappropriate words on any clothing

**If it doesn't meet the dress code DO NOT PACK IT. We will make you change. If you don't have something different you won't swim.**